

# IS YOUR TEEN EXPERIMENTING WITH DRUGS?

## Is your teen?

- Using drugs or alcohol
- Making questionable decisions
- Running with the wrong crowd
- Creating fear and tension in the home
- Lying
- Risking their future

## Has it caused you?

- Anxiety, worry, or fear
- Marital tension
- Exhaustion
- Anger
- To blame yourself
- To blame others
- To cover for their actions
- To compromise family boundaries
- To accept things in the home that you don't want to

## Have you tried?

- |                                    |                                      |
|------------------------------------|--------------------------------------|
| <input type="checkbox"/> Reasoning | <input type="checkbox"/> Discipline  |
| <input type="checkbox"/> Loving    | <input type="checkbox"/> Explaining  |
| <input type="checkbox"/> Lecturing | <input type="checkbox"/> Grounding   |
| <input type="checkbox"/> Guilt     | <input type="checkbox"/> Yelling     |
| <input type="checkbox"/> Bribing   | <input type="checkbox"/> Punishing   |
| <input type="checkbox"/> Pleading  | <input type="checkbox"/> Threatening |

IF SO, HAVE ANY OF THEM WORKED?

If you relate with anything  
described, you are not alone

## **THERE IS HOPE**

A support group for parents  
of teens and young adults with  
drug or alcohol problems

**Creekside Hall  
1475 Creekside Dr.  
Walnut Creek, CA 94596**

**1st & 3rd Wednesday  
of the month at 7:30 pm**

All parents are welcome!



THE  
**PATHWAY**  
PROGRAM

**877-921-4050**

[www.thepathwayprogram.com](http://www.thepathwayprogram.com)